# MINUTES

MEETING OF: Senior Commission

DATE OF MEETING:

TIME OF MEETING:

PLACE OF MEETING:

June 14, 2012

3:30 p.m.

Senior Center

CALL TO ORDER: Commissioner Nelson called the Regular Meeting to order at 3:30 p.m.

**ROLL CALL** was by the secretary as follows:

Present: Nelson, Savary, Surridge and Tweedy

Absent: Pearson

**PLEDGE OF ALLEGIANCE**: Commissioner Tweedy led the Pledge of Allegiance.

<u>APPROVAL OF MINUTES:</u> On motion by Commissioner Savary the approval of the April 12, 2012 and May 10, 2012 minutes were approved.

## **CONSENT CALENDAR:**

1. AGENDA ITEM # 0612-1 SUMMARY REPORT – (ACTION)

On motion by Commissioner Tweedy the approval of the April 12, 2012 and the May 10, 2012 summary reports were approved.

AYES: Nelson, Savary, Surridge and Tweedy

ABSTAIN: None
ABSENT: Pearson
NOES: None

### **DEPARTMENT REPORTS:**

2. <u>AGENDA ITEM # 0612-2 GUIDELINES FOR PARTICIPATION (INFORMATION)</u>
Commissioners reviewed and discussed the potential to update the current guidelines for participation at the senior center.

3. AGENDA ITEM # 0612-3 SENIOR SCHOLARSHIP FUND (ACTION)

Sue Spickard suggested the possibility of establishing a senior scholarship fund that would give low-income seniors an opportunity to participate in senior center classes that they may not otherwise afford.

Bonnie Elliott, Management Analyst for Parks and Recreation, spoke to the commissioners about a similar program called the Opportunity Grant Program. The program was created for low-income families in Carlsbad for youth 17 years and younger to participate in

Recreation classes, camps and aquatic programs that they may not normally be able to afford. Elliott suggested we could use the same type of template as the Opportunity Grant Program structured for seniors.

### 4. AGENDA ITEM # 0612-4 SENIOR CENTER REPORT (ACTION)

Commission accepted and approved an oral report on the ongoing activities and upcoming events presented by Recreation Services Manager, Sue Spickard.

**AYES:** Nelson, Savary, Surridge and Tweedy

ABSENT: None Pearson NOES: None

Carlsbad by the Sea contacted Sue Spickard to ask if they could partner with the senior center in a meaningful way. Spickard suggested areas to consider; transportation, health screening, volunteers to teach classes, and collaborate on a senior health fair. Medical appointments are scheduled only in the afternoons 1:30 to 2:30 p.m. four days a week and no appointments on the first Thursday of the month when the driver takes them to WalMart. Transportation is not available for ongoing appointments i.e., therapy, dialysis, medical emergencies, etc. Further discussion will be pursued with Carlsbad by the Sea and staff.

Aging and Independence Services will no longer offer "Mom's" meals instead they have a new program called "More On The Menu." Along with hot meals served every day to our home meal recipients, they will receive a bag of fresh fruits and vegetables once a week. The goal is to provide healthy snacks and to help meet the recommended daily servings of fruits and vegetables.

### **ANNOUNCEMENTS:**

None.

### **FUTURE AGENDA ITEMS:**

### **ADJOURNMENT:**

By proper motion, the Regular Meeting of June 14, 2012 was adjourned at 4:35 p.m.

Kris Westland Secretary